

Guest Name \_\_\_\_\_

**Understanding, Assumption of Risk & Release**

*Please read this document carefully before signing to signify that you understand and accept all its terms and conditions. If the guest is under 18, both the guest and the guest's parent/guardian must sign. Please make a copy of this document for your records.*

**Introduction.** I want to participate in activities such as practice meets and other activities (“Team Activities”) connected with the Girls of Steel FIRST<sup>®</sup> Robotics Competition Team (the “Team”) at Carnegie Mellon University (“CMU”)

**Permission to Use Name and Image.** I give permission for CMU (or someone acting on CMU’s behalf) to take photos and/or make audiovisual recordings of me in connection with Team Activities and to use the resulting recordings (and my name) for educational and promotional purposes in print publications and on the Internet. I also give permission for CMU to provide newspapers and news organizations with information about me, such as my name, grade and school district.

**Safety, Conduct and General Expectations.** I will conduct myself safely and responsibly at all times in connection with the Team and Team Activities. I promise I will not use any tools or equipment during Team Activities unless I’ve been trained to use them by my home team and supervised by a mentor while using them. I will treat others respectfully and respect the property of others, public and private. I will not engage in any form of harassment or abuse. I will obey Team Safety Rules (Exhibit A), Practice Field Rules (Exhibit B) and all other rules, policies and guidelines of which I am informed. I understand that failure to do so may result in my not being allowed to participate in practice meets and other Team Activities and/or not being allowed on premises owned or controlled by CMU.

**Alcohol and Illicit Drugs Prohibited.** I understand that possession, use, and distribution of alcohol and illicit drugs anywhere at any time in connection with the Team or any Team Activities are strictly prohibited.

**Medical Treatment Authorization.** If I require emergency medical treatment, in CMU’s sole discretion, while participating in Team Activities, I authorize CMU to secure treatment and I agree to be financially responsible for any resulting bills.

**CMU’s Right to Modify or Discontinue Team Activities and/or Terminate Participation.** I understand that CMU may modify, limit, or discontinue its sponsorship of the Team, and/or any or all Team Activities, and/or its provision of any or all facilities and resources for the Team at any time. I further understand that CMU may terminate my participation in any or all Team Activities if, in its sole discretion, it deems such participation to be detrimental to the Team and/or CMU.

**Assumption of Risk.** I understand that many Team Activities, including, but not limited to, the Team Activities discussed in this document may be hazardous and may pose the risk of significant physical injury, disability or death, to me and/or others. I voluntarily assume any and all risks connected to the Team Activities.

**Release of Liability and Promise Not to Sue.** In consideration of the opportunity to participate in Team Activities, I hereby, on behalf of myself and those acting on my behalf, irrevocably and unconditionally release, waive, and promise not to sue (i) CMU, (ii) the owners, managers, lessors and lessees of any premises where Team Activities are conducted (including parking facilities) and/or (iii) anyone acting on behalf of CMU and/or the owners, managers, lessors and lessees of such premises, from and for any and all liability for injuries, damages, claims, demands, actions and causes of action, arising from or connected with my participation in the Team Activities, including transportation, parking, and medical treatment.

**Applicable Law, Severability, Entire Agreement.** The laws of Pennsylvania shall apply to this document. If any of its provisions are declared illegal, unenforceable, or ineffective, they shall be deemed severable, and all other provisions shall

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<sup>1</sup> FIRST<sup>®</sup> and FRC<sup>®</sup> are registered trademarks of FIRST ([www.usfirst.org](http://www.usfirst.org)). LEGO<sup>®</sup> is a registered trademark of the LEGO Group. FLL<sup>®</sup> is a jointly held trademark of FIRST and the LEGO Group.

remain valid and binding. This document contains the entire agreement relating to the subject matter hereof, superseding all previous agreements, oral or written.

***Intent to be Legally Bound.*** I am an adult (18 or older) OR I am under 18 and my parent/guardian is co-signing this document. I am signing it voluntarily. I have read it and understand it. I intend to be legally bound by it.

\_\_\_\_\_  
Guest Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Guest Name

\_\_\_\_\_  
Guest Date of Birth

Address - \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Home Phone \_\_\_\_\_  
Cell Phone \_\_\_\_\_  
Email \_\_\_\_\_

**IF THE GUEST IS UNDER 18, A PARENT/GUARDIAN MUST CO-SIGN BELOW.**

I am the parent/guardian of the guest named above. I want my son/daughter to participate in the Girls of Steel *FIRST*<sup>®</sup> Robotics Competition Team Activities. I have read this document agree to all its provisions on behalf of myself and my son/daughter. I give permission for my son/daughter to participate in Team Activities.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Parent/Guardian Name

Address - \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Home Phone \_\_\_\_\_  
Cell Phone \_\_\_\_\_  
Email \_\_\_\_\_

## Exhibit A

# Girls of Steel Team Safety Rules

### ***Know Your Equipment and Tools—***

You must complete documented training before using any piece of equipment or tool. Never attempt to use equipment or tools you have not received training on.

You must be supervised by a mentor at all times, and especially when using equipment or tools (no matter how simple the tool is or how experienced you are).

Use the right tool for the job (e.g., don't use a screwdriver as a hammer).

Don't use broken equipment or tools; report broken equipment or tools to a mentor immediately.

Return all equipment and tools to their proper location and clean up your workspace when you're finished.

### ***Dress for Safety—***

You must wear safety glasses at all times while in the shop or working around a robot. Use safety gear (e.g., safety glasses, face shields, and gloves) whenever it's needed.

No loose-fitting clothing or jewelry (e.g., dangly earrings and necklaces) allowed in the machine shop, high bay areas, or around robots.

No open toe shoes or sandals allowed in the machine shop, high bay areas, or around robots.

No tank tops/shorts/skirts/dresses when in the machine shop or working on or near the robot. Bring shop clothes to practice.

Long hair must be tied back securely and out of the way.

### ***Be Aware—***

Be sure your workspace is clean and well-lit. Be aware of your surroundings (e.g., take care when carrying long pieces of 80/20, etc.).

Report all injuries immediately to a mentor (no matter how minor the injury may seem).

No eating or drinking in the machine shop or when working around robots.

No horseplay allowed!

***Safety is your top priority. If you need help with something or if you are not sure what you're doing--ASK!***

## Exhibit B

### **CMU/Girls of Steel Practice Field Rules**

**Location:** NREC 10 40<sup>th</sup> Street Pittsburgh PA <<http://www.nrec.ri.cmu.edu/contact/>>  
Parking is available in an outdoor parking lot.

NREC entry instructions:

*NREC is a gated CMU facility with a guard on duty 24/7. When you arrive at the gate follow these instructions.*

- 1.) Pull up to the intercom phone at the left of the gate. Use the phone to call the security guard (press 0-0-1). Tell the guard you are attending a Girls of Steel event.*
- 2.) When the security guard opens the gate, drive in and park in any available parking space.*
- 3.) The main entrance is straight ahead; The Girls of Steel entrance is on the left side of the building (at the 4th door). The entrance will be marked with the Girls of Steel (GoS) sign. There are parking spaces close to the GoS entrance.*
- 4.) When you are ready to come in, please call one of the mentors and someone will meet you at the door. Mentor phone numbers:*

*Terry Richards 412-215-4466*

*Bridget Soderna 773-680-2508*

**Hours:** Contact us at [GirlsofSteelRobotics@gmail.com](mailto:GirlsofSteelRobotics@gmail.com) for current hours of operation.

#### **General Rules:**

1. All FIRST teams invited to bring a robot or to come to share ideas with others must be accompanied by a minimum of one adult mentor/chaperone per ten students.
2. Guests must complete a Carnegie Mellon University Understanding and Release form and bring it to the first visit to the field.
3. In case of inclement weather, we will follow the Pittsburgh Public Schools delays and closings schedule and we recommend that you always use caution and good judgment when traveling in inclement weather.
4. Wear safety glasses and follow all standard safety precautions when working on or operating robots.
5. Use the practice field in a safe, respectful, and cooperative manner at all times.
6. Horseplay on the field or field elements, eating, and drinking on the field are not permitted.
7. Please bring food and drinks to share.
8. Teams should bring their own safety glasses, tools, and supplies.
9. If there is an accident and/or something breaks or someone is injured immediately notify the Girls of Steel mentor on site.
10. Thank you!